

**Curriculum in Health Studies (CHES)
Non-Teaching Degree Plan (Option I, Concentration III)**

Freshman Year									
TCCNS	TSU	Hours	Grade	Semester	TCCNS	TSU	Hours	Grade	Semester
HUMA 1301	MUSI 239*	3			ENGL 1302	ENG 132	3		
	FS 102	1			HIST 1301	HIST 231	3		
ENGL 1301	ENG 131	3			SPCH 1321 or 1315	SC 135/136	3		
GEOL 1303	GEOL 141***	3			MATH 1314	MATH 133	3		
BIOL 1308	BIOL 143	3				HED 231	3		
	HED 230	3							
16					15				

Sophomore Year									
TCCNS	TSU	Hours	Grade	Semester	TCCNS	TSU	Hours	Grade	Semester
	ENG 2XX	3				EDCI 210 or CS 116	3		
PSYC 2301**	PSY 131	3			GOVT 2306	POLS 236	3		
HIST 1302	HIST 232	3			PHED 1306	HED 223	2		
GOVT 2305	POLS 235	3			BIOL 2401	BIOL 135	3		
	PE 1XX	1				HED 236	3		
	HED 235	3							
16					14				

**Must consult with Internship advisor in regard to HED 499 (Health Supervised Internship) prior to beginning of Senior Year
Must have Grade Point Average (GPA) of 2.5 or above – Must have earned 90 hours minimum above before HED 499
Must complete all courses with "C" or Better**

*Any one (1) of these: HUMA 1301 – MUSI 239, DRAM 1310 – THC 130, ARTS 1316 – ART 131

**Any one (1) of these: PYSC 2301 – PSY 131, SOC 1301 – SOC 157, GEOG 1303 – GEOG 132

***May also satisfy GEOL 1303 – GEOL 141 by taking PHYS 101

Any ENG 2XX Level English Course

Student Signature _____ Date _____

Junior Year									
TCCNS	TSU	Hours	Grade	Semester	TCCNS	TSU	Hours	Grade	Semester
	HED 329	3				HED 336	3		
	HED 333	3				HED 434	3		
	HED 334	3				HED 432	3		
	HED 341	3				HED 438	3		
	HED 399	2				HED 439	3		
	HED 437	3				HED 339	3		
17					18				

Senior Year									
TCCNS	TSU	Hours	Grade	Semester	TCCNS	TSU	Hours	Grade	Semester
	HED 433	3				HED 471	3		
	HED 477	3				HED 472	3		
	HED 480	3				HED 499	6		
	KIN 437 or 438	3							
12					12				

Total Credit Hours = 120

Name _____ T00 _____

Advisor _____ Date _____

Chair _____ Date _____

Dean, College of Education _____ Date _____

**CURRICULUM SUMMARY FOR THE
BACHELOR OF SCIENCE DEGREE IN HEALTH STUDIES(CHES CERTIFICATION)
OPTION I (CONCENTRATION III) NON-TEACHING DEGREE PLAN
TOTAL CREDITS REQUIRED: 120**

CORE CURRICULUM (STANDARD)*	TCCNS	MAJOR (HEALTH STUDIES)	OTHER REQUIREMENTS	MINOR OR CONCENTRATION (OPTIONAL)
42 credits	EQUIVALENT	78 credits		
<u>Communication:</u>		HED 230 (3)		
ENG 131 (3) **	ENGL 1301	HED 223 (2) HED 231 (3) HED 235 (3)		
ENG 132 (3)	ENGL 1302	HED 236 (3)		
<u>Mathematics:</u>		HED 329 (3)		
MATH 133 (3)	MATH 1314	HED 333 (3)		
<u>Life and physical sciences:</u>		HED 334 (3)		
BIOL 143 (3)	BIOL 1308	HED 336 (3)		
BIOL 135 (3)	BIOL 2401	HED 339 (3)		
<u>Language, philosophy, and culture:</u>		HED 341 (3)		
ENG 2xx (3) ***		HED 399 (2)		
<u>Creative arts:</u>		HED 432 (3) HED 433 (3)		
MUSIC 239 (3)****	HUMA 1310	HED 434 (3)		
<u>American history:</u>		HED 437 (3) HED 438 (3) HED 439 (3)		
HIST 231 (3)	HIST 1301	HED 471 (3)		
HIST 232 (3)	HIST 1302	HED 472 (3)		
<u>Government/political science:</u>		HED 477 (3) HED 480 (3)		
POLS 235 (3)	GOVT 2305	HED 499 (6)		
POLS 236 (3)	GOVT 2306	KIN 437 or KIN 438 (3)		
<u>Social and behavioral sciences:</u>		COGNATE COURSES:		
PSY 131 (3)	PSY 2301	PE 1XX (1)		
<u>Institutional Options:</u>		FS 102 (1)		
SC 135 or 136 (3)	SPCH 1321 or SPCH 1315	GEOL 141 (3)*****		
EDCI 210 or CS 116 (3)	COSC 1301			

* Students should be advised by a major advisor prior to registering for any credit, particularly any core curriculum credit as listed.

** (N) represents the number of course credits.

*** ENG 230, ENG 231, ENG 235, or ENG 244 (TCCN: ENGL 2332, ENGL 2333, ENGL 2326, or ENGL 2326)

**** Any one (1) of these: MUSI 239-HUMA 1310, THEA 130-DRAM 1310, ART 131-ARTS 1316

***** Any one (1) of these: PSY 131-PYSC 1301, SOC 157-SOC 1301, GEOG 132-GEOG 1303

***** Approved Elective-advisor approval

Bachelor of Science Degree in Health Studies

Health Studies CHES Non-Teaching Concentration

Degree Plan – Total Credits: 120

First Year	First Semester		Second Semester	
	MUSI 239 or ART 131 Fine Arts in Daily Living or Drawing & Comp I	3	ENG 132 Freshmen English II	3
	FS 102 Freshman Seminar	1	HIST 231 Social & Political History of the United States to 1877	3
	BIOL 143 Survey of Life Science	3	MATH 133 College Algebra	3
	ENG 131 Freshman English I	3	SC 135 or 136 Business & Professional Communication or Public Address	3
	GEOL 141 Intro to the Earth	3	HED 231 Introduction to Behavioral Health Theory	3
	HED 230 Introduction of Health	3		
		16 hrs		15 hrs

Second Year	Third Semester		Fourth Semester	
	ENG 2xx	3	EDCI 210 or CS 116 Instructional Technology I or Computer Science I	3
	HED 235 Health and the Human Body	3	POLS 236 Texas Government	3
	HIST 232 Social & Political History of the United States since 1877	3	HED 223 Basic CPR	2
	POLS 235 Federal Government	3	BIOL 135 Human Anatomy and Physiology I	3
	PE 1xx	1	HED 236 Socioeconomic and Culture Influences on Health	3
	PSY 131 General Psychology	3		
		16 hrs		14 hrs

Third Year	Fifth Semester		Sixth Semester	
	HED 329 Health Promotion Theory and Practice	3	HED 336 Org & Admin of Health Programs	3
	HED 333 Emergency & Care of Injuries	3	HED 434 Mental Hygiene	3
	HED 334 Contemporary Health Problems	3	HED 432 Fitness for Living	3
	HED 341 Epidemiology	3	HED 438 Hygiene of Children and Adolescents	3
	HED 399 Health Seminar	2	HED 439 Health Research Analysis	3
	HED 437 Measurements and Evaluation in Health	3	HED 339 Diseases and Consumer Health	3
		17 hrs		18 hrs

Fourth Year	Seventh Semester		Eighth Semester	
	KIN 437 or KIN 438 Kinesiology or Physiology of Exercise	3	HED 471 Personal Health and Safety II	3
	HED 433 Personal Health and Safety I	3	HED 472 Foundations of Safety	3
	HED 477 Human Sexuality	3	HED 499 Supervised Individual Work, Research in Community Health	6
	HED 480 Health Program Planning and Evaluation	3		
		12 hrs		12 hrs

